

NORTH OLMSTED LEARN TO SKATE CAMP



SUMMER 2015
Ages 6 & over

Session I
JULY 13 -July 17
Session II
August 3 - August 7

North Olmsted Ice Rink
26000 Lorain Rd.
North Olmsted, Ohio

Cleveland's Coolest
Summer Camp!

North Olmsted Recreation Department
26000 Lorain Rd.
North Olmsted, Ohio 44070

FUN FILLED CAMP

The North Olmsted Recreation Department is proud to announce the 14th Annual North Olmsted Summer Learn-To-Skate Camp. This week long camp has been designed for ice skaters of all levels. You don't know how to skate? We'll teach you. Are you a skater working on Basic 1 - 8 or freestyle? Then we have the right instructors for you. Are you an advanced skater or want to learn beginning team skating? Then this program is a perfect fit for you. Our camp will be divided into numerous groups for skaters ages 6 and above and of all abilities.

Our expert staff will be teaching the USFSA Skate With Us Program. This program is fun, challenging and rewarding. Participation in this program will enable skaters of all ages to learn the fundamentals of skating and begin a lifetime commitment to health and fitness.

The week will conclude with all skaters participating in an exhibition. Each skater will present his or her own individual routine, along with a full class presentation.

GREAT IMPROVEMENT

This week long program provides maximum improvement in skating skills. The daily progress by each skater is amazing. Skaters will train on skating skills, power skating and skating team skills. Skaters will participate in on ice games that will strengthen their skating skills, All of this done in a fun and encouraging atmosphere.

STAFF

Train with the best! The North Olmsted Learn-To-Skate Camp will be under the direction of Jeff Marshall. Jeff has competed nationally at the highest levels in figure skating and is a USFSA Triple Gold Medallist. Jeff is a former USFSA Judge and has been a member of the National Synchronized Team Committee. He has taught figure skating & hockey for over 30 years and currently directs the North Olmsted Skating Academy for the City of North Olmsted. Jeff is also the current program director for the award winning Cleveland Edges Synchronized Skating Teams.

Staff instructors of the North Olmsted Skating Academy will instruct in this program. These instructors make up one of the best instructor staffs in greater Cleveland. This trained staff will not only instruct using the latest in teaching techniques, but will make this camp enjoyable as well as memorable.

MORE THAN ICE

The North Olmsted Learn-To-Skate Camp is more than just ice-skating. Students will complete a full range of activities. Daily off ice training plyometrics, aerobics and dance Classes. Not only will these activities add to the student's enjoyment, but also they are designed to strengthen and enhance each skater's skills. Bring your swimsuit, for skaters will swim daily in the North Olmsted Recreation Center's pool.

DAILY SCHEDULE

9:00 AM	Check In
9:10 AM	Off Ice Warm-Ups
9:45 AM	Formal On Ice Lessons
10:30 AM	Artistic Style
11:00 AM	Formal On Ice Lessons
11:30 AM	Power Skating
12:00 Noon	Team Skating Skills
12:30 PM	Lunch
1:15 PM	Off-Ice Training
1:45 PM	Formal On Ice Lessons
2:30 PM	Solo Program Practice
3:00 PM	On Ice Games
3:45 PM	Pool
4:45 PM	Check Out

ENROLLMENT

The camp fee is \$250.00 for one session and \$450 for both sessions. A deposit of \$50.00 is due with each registration form, with the balance due the first day of class. You may register in person at the North Olmsted Recreation Complex:

**26000 Lorain Rd.
North Olmsted, Ohio 44070**

Registration will be on a first-come first-served basis.

For more information call **440-734-8200**
or E-mail us at **Learn2skate@aol.com**
or visit the web site: **www.getontheice.com**